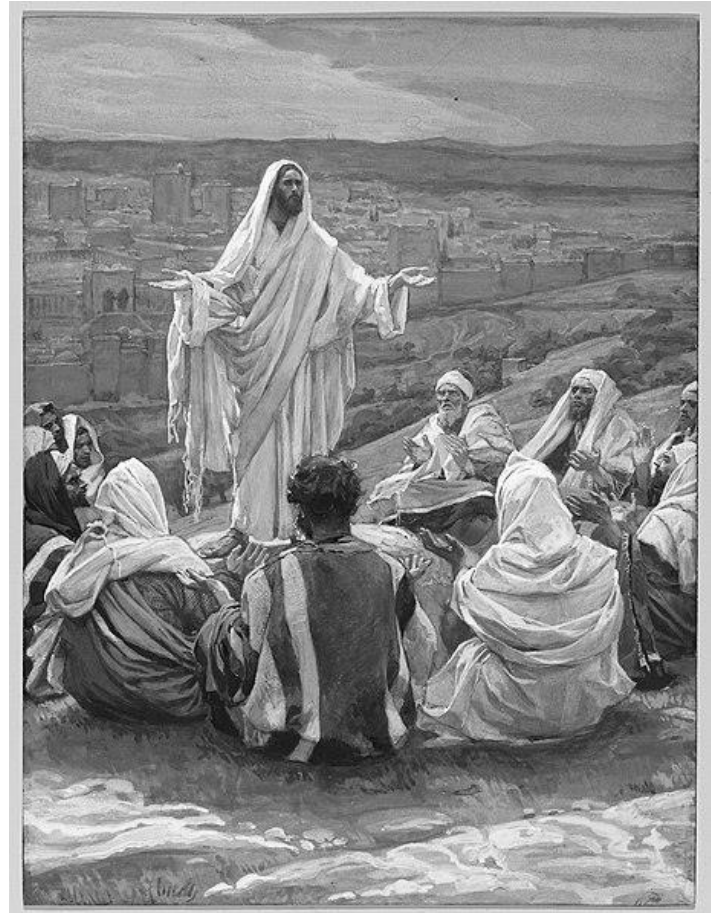


“Lord teach us to Pray...”

Prayers to be memorized

for K-5th grades



James Tissot, The Lord's Prayer 1886-89

Kindergarten

These are the prayers that Kindergarteners should begin to learn.

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Grace Before Meals

Bless us, O Lord, and these thy gifts which we are about to receive from thy bounty, through Christ our Lord. Amen.

Our Father (The Lord's Prayer)

Our Father,

Who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace! the Lord is with thee; blessed are thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Prayer to the Guardian Angel

Angel of God, my guardian dear, to whom God's love commits me here; ever this day be at my side, to light and guard, to rule and guide.

5th Grade

All prayers listed should be memorized by the 5th grade. Also learn these Holy Days of obligation

1. January 1 – Mary Mother of God
2. August 15 – Mary’s Assumption
3. November 1 – All Saints Day
4. December 8 – Immaculate Conception
5. December 25 – Christmas
6. Thursday of the 6th week of Easter is Ascension. This has been moved to the following Sunday in the Diocese of Fargo

1st Grade

Continue to memorize all prayers from the Kindergarten list and also add:

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Prayer to St. Michael, the Archangel

St. Michael, the Archangel, defend us in battle; be our defense against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O prince of the heavenly host, by the power of God, cast into hell Satan and the other evil spirits who prowl about the world seeking the ruin of souls. Amen.

2nd Grade

All prayers from Kindergarten and 1st Grade should be memorized. Also add one of the prayers of the Act of Contrition

Act of Contrition #1

My God,

I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you, whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.

Or

Act of Contrition #2 (traditional form)

Oh My God, I am heartily sorry for having offended thee, and I detest all my sins, because of Thy just punishments, but most of all, because they offend Thee, my God, Who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and to avoid the near occasions of sin. Amen.



4th Grade Continued:

The Way of the Cross (Stations)

The Way of the Cross commemorates the passion, death and resurrection of our Lord, Jesus Christ.

1. Jesus is condemned to death.
2. Jesus bears His cross.
3. Jesus falls the first time.
4. Jesus meets His Mother.
5. Jesus is helped by Simon.
6. Veronica wipes the face of Jesus.
7. Jesus falls the second time.
8. Jesus speaks to the women.
9. Jesus falls the third time.
10. Jesus is stripped of His garments.
11. Jesus is nailed to the cross.
12. Jesus dies on the cross.
13. Jesus is taken down from the cross.
14. Jesus is laid in the tomb.

3rd Grade

All prayers from Kindergarten, 1st and 2nd grades should be memorized. Also add:

Apostles Creed

I believe in God the Father almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried.

He descended into hell; on the third day He rose again from the dead. He ascended into heaven, sits at the right hand of God, the Father almighty. From there He shall come to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

4th Grade

All prayers from Kindergarten, 1st, 2nd, 3rd grades should be memorized. Also add:

The Rosary

The Five Joyful Mysteries

Monday and Saturday

1. The Annunciation
2. The Visitation
3. The Birth of Jesus or Nativity
4. The Presentation of Jesus in the Temple
5. The Finding of Jesus in the Temple

The Five Sorrowful Mysteries

Tuesday and Friday

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death

The Five Glorious Mysteries

Wednesday and Sunday

1. The Resurrection
2. The Ascension
3. Descent of Holy Spirit upon Apostles
4. The Assumption of Mary into Heaven
5. The Crowning of Mary in Heaven

The Five Luminous Mysteries

Thursday

1. The Baptism of the Lord
2. The Wedding at Cana
3. Proclamation of the Kingdom of God and Call to Conversion
4. The Transfiguration
5. The Institution of the Eucharist

Hail Holy Queen

Hail, Holy Queen, Mother of Mercy; our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve! To thee do we send up our sighs, mourning and weeping in this valley of tears! Turn then, most gracious Advocate, thine eyes of mercy toward us; and after this, our exile, show unto us the blessed fruit of thy womb, Jesus! O clement, O loving, O sweet Virgin Mary. Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ. Amen.

Chaplet of Divine Mercy

In the 1930s The Lord appeared to St. Faustina and revealed to her a message of mercy that she was to spread throughout the world. The Lord revealed special ways to live out the response to His mercy – one of which is the Chaplet of Divine Mercy. The Chaplet of Mercy is recited using ordinary rosary beads of five decades. Begin with the *Our Father, Hail Mary and the Apostle's Creed*. Then, on the large bead before each decade:

Eternal Father, I offer you the Body and Blood
Soul and Divinity of Your Dearly Beloved Son,
Our Lord, Jesus Christ, in atonement for our sins
And those of the whole world.

On the ten small bead of each decade, say:

For the sake of His sorrowful Passion,
have mercy on us and on the whole world.
Conclude with (Say 3 Times)

Holy God,
Holy Mighty One,
Holy Immortal One,
Have mercy on us
and on the whole world.